

Gualala River Run 2015
 Gualala, California
 10/10/2015

F 10K

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***** 10K RUNNERS AWARDS LIST *****

***** FEMALE OVERALL 10K RUN RESULTS *****

Place	Name	S	Age	City	St	Time	Pace
1	Amelia Wirt	F	16	Fort Bragg	CA	44:42	7:12
2	Harley Nunan	F	19		CA	46:13	7:27
3	Bethany Brewer	F	35		CA	46:45	7:32
4	Susan Zec	F	53		CA	52:15	8:25
5	Michelle Creegan	F	23		CA	57:57	9:20

***** FEMALE 10K RUN AGE GROUP: 1 - 10 *****

Place	Name	S	Age	City	St	Time	Pace
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***** FEMALE 10K RUN AGE GROUP: 11 - 15 *****

Place	Name	S	Age	City	St	Time	Pace
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***** FEMALE 10K RUN AGE GROUP: 16 - 19 *****

Place	Name	S	Age	City	St	Time	Pace
1	Amelia Wirt	F	16	Fort Bragg	CA	44:42	7:12
2	Harley Nunan	F	19		CA	46:13	7:27

***** FEMALE 10K RUN AGE GROUP: 20 - 29 *****

Place	Name	S	Age	City	St	Time	Pace
1	Michelle Creegan	F	23		CA	57:57	9:20
2	Karen Sinn	F	29	San Rafeel	CA	1:05:23	10:32
3	Abby Stoner	F	23		CA	1:06:24	10:42
4	Molly Ellis	F	27	San Francisco	CA	1:08:02	10:57

***** FEMALE 10K RUN AGE GROUP: 30 - 39 *****

Place	Name	S	Age	City	St	Time	Pace
1	Bethany Brewer	F	35		CA	46:45	7:32
2	Amy Porto	F	34	Orinda	CA	59:07	9:31
3	Toni Castrone	F	37	Sonoma	CA	1:10:50	11:24
4	Heather Sourwine	F	34	Oakland	CA	1:11:23	11:30

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***** 10K RUNNERS AWARDS LIST *****

***** FEMALE 10K RUN AGE GROUP: 40 - 49 *****

Place	Name	S	Age	City	St Time	Pace
1	Meredith Munro	F	49		CA 58:03	9:21
2	Cori Farwell	F	49		CA 58:35	9:26
3	Chiyako Ito	F	48	Hidden Valley	CA 1:01:59	9:59

***** FEMALE 10K RUN AGE GROUP: 50 - 59 *****

Place	Name	S	Age	City	St Time	Pace
1	Susan Zec	F	53		CA 52:15	8:25
2	Debbie Powell	F	52	Sonora	CA 58:16	9:23
3	Terri Beckett	F	54	Santa Rosa	CA 59:39	9:36
4	Laurel Yrun	F	55	San Rafeel	CA 1:05:19	10:31

***** FEMALE 10K RUN AGE GROUP: 60 - 69 *****

Place	Name	S	Age	City	St Time	Pace
1	Cherie Soria	F	68	Fort Bragg	CA 1:01:49	9:57
2	Linda Wendt	F	65		CA 1:09:54	11:15
3	Jeanette Addis	F	63	Hidden Valley	CA 1:14:08	11:56
4	Becky Whitt	F	62	Middletown	CA 1:15:16	12:07

***** FEMALE 10K RUN AGE GROUP: 70 - 99 *****

Place	Name	S	Age	City	St Time	Pace
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