

Gualala River Run 2014
Gualala, California
10/18/2014

***** 10K RUNNERS AWARDS LIST *****

***** MALE OVERALL 10K RUN RESULTS *****

Place	Name	S	Age	City	St	Time	Pace
1	Alex Crabill	M	26	Brisbane	CA	35:49	5:46
2	Tyler Sprague	M	27	Olympia	WA	39:33	6:22
3	Jon Strode	M	47	Los Altos	CA	42:45	6:53
4	Patrick McCoskey	M	47	Ukiah	CA	45:55	7:24
5	John Harmon	M	58	Santa Rosa	CA	48:03	7:44

***** MALE 10K RUN AGE GROUP: 1 - 10 *****

Place	Name	S	Age	City	St	Time	Pace
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***** MALE 10K RUN AGE GROUP: 11 - 15 *****

Place	Name	S	Age	City	St	Time	Pace
1	Barry Griffin	M	15	Pt Arena	CA	51:02	8:13
2	Kane Sanders	M	15	Pt Arena	CA	53:46	8:40
3	Taylor Bowen	M	11	Gualala	CA	53:56	8:41
4	Sebastian Reaves	M	14	Pt Arena	CA	1:00:22	9:43

***** MALE 10K RUN AGE GROUP: 16 - 19 *****

Place	Name	S	Age	City	St	Time	Pace
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***** MALE 10K RUN AGE GROUP: 20 - 29 *****

Place	Name	S	Age	City	St	Time	Pace
1	Alex Crabill	M	26	Brisbane	CA	35:49	5:46
2	Tyler Sprague	M	27	Olympia	WA	39:33	6:22
3	Clay Ellenwood	M	23	Point Arena	CA	48:18	7:47
4	Erin O'Doyle	M	28	Pt Arena	CA	48:25	7:48

***** MALE 10K RUN AGE GROUP: 30 - 39 *****

Place	Name	S	Age	City	St	Time	Pace
1	Joshn Ayres	M	38	Albion	CA	48:19	7:47
2	Kentson Cochran	M	39	Pt Arena	CA	48:35	7:49

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***** MALE 10K RUN AGE GROUP: 40 - 49 *****

Place	Name	S	Age	City	St	Time	Pace
1	Jon Strode	M	47	Los Altos	CA	42:45	6:53
2	Patrick McCoskey	M	47	Ukiah	CA	45:55	7:24
3	Cory Epperson	M	47	Fort Bragg	CA	1:12:01	11:36
4	Sean Case	M	41	Gualala	CA	1:14:58	12:04

***** MALE 10K RUN AGE GROUP: 50 - 59 *****

Place	Name	S	Age	City	St	Time	Pace
1	John Harmon	M	58	Santa Rosa	CA	48:03	7:44
2	Donald Morris	M	54	Danville	CA	59:29	9:35
3	Michael Kelsh	M	57	Pleasanton	CA	1:16:53	12:23
4	Rich Wilder	M	58	Santa Clara	CA	1:35:06	15:19

***** MALE 10K RUN AGE GROUP: 60 - 69 *****

Place	Name	S	Age	City	St	Time	Pace
1	Steve Whitt	M	60	Middletown	CA	51:50	8:21
2	Ralph Navarro	M	67	Gualala	CA	57:17	9:14
3	Robert Ryder	M	68	Ft Bragg	CA	1:01:27	9:54
4	James Jacobsen	M	69	Tiburon	CA	1:08:30	11:02

***** MALE 10K RUN AGE GROUP: 70 - 99 *****

Place	Name	S	Age	City	St	Time	Pace
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