



**BUILDING A HEALTHY,  
THRIVING & DRUG-FREE  
COMMUNITY  
FOR ALL SINCE 2002**

Vol. 1, #4 \* Non-profit Action Network Family Resource Centers: Located in Gualala & Pt. Arena \* Oct.15, 2012

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 AN/Pt. Arena: 882-1691  
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**Thank You Gualala River Run 2012 5K, 10K and Fun Walk Participants - Saturday, October 13, 2012**

Bib #	Last Name	First Name	City	Event	Bib #	Last Name	First Name	City	Event	Bib #	Last Name	First Name	City	Event
884	Agee	Diane	Gualala	WALK	935	Frank	Maureen	Eureka	WALK	24	Ostrau	Mark	Palo Alto	5K
885	Agee	Randy	Gualala	WALK	936	Frank	Thomas	Eureka	WALK	95	Owings	Pat	The Sea Ranch	WALI
1	Anderson	Betsy	Gualala	10K	431	Fredrickson	Jake	Gualala	5K	784	Parks	Robert	San Jose	WALI
401	Arnold	Erika	Novato	5K	432	Fredrickson	Randy	Gualala	5K	785	Parks	Alex	San Francisco	WALI
403	Arnold	Cameron	Novato	5K	409	Freson	Claire	Manchester	5K	48	Parsons	Samuel	Gualala	10K
402	Arnold	Christopher	Novato	5K	937	Fuentes	Yvonne	Point Arena	WALK	952	Peterson	John	Comptche	WALI
972	Aszklar	Sydney	Gualala	WALK	11	Garcia	Michael	Elk Grove	10K	418	Phelan	Laura	Oakland	5K
974	Aszklar	Sara	Gualala	WALK	786	German	Tricia	Elk Grove	5K	787	Platt	Wendy	Gualala	WALI
971	Aszklar	Francis	Gualala	WALK	449	German	Schlyer	Elk Grove	5K	437	Radic	Karenanne	Pt Arena	5K
2	Avila	Jana	Citrus Heights	10K	448	German	Toby	Elk Grove	5K	438	Radic	Kyle	Pt Arena	5K
41	Ballantine	Madmax	El Verano	10K	451	German	Donald	Elk Grove	5K	425	Reaves	Sebastian	Pt Arena	5K
434	Baraggan	Luz	Gualala	5K	447	German	Don	Greenbrae	WALK	424	Reaves	Steve	Pt Arena	5K
3	Barakos-Cartwright	Rebekah	Coronado	10K	51	German-Zec	Susan	Corte Madera	10K	47	Reynolds	Alan	Sausalito	10K
791	Beer	Gail	Gualala	WALK	12	Goddard	Jeremy J	Orangevale	10K	464	Riboli	Josh	Point Arena	5K
886	Bettega	Patty	Gualala	WALK	426	Gonzalez	Tommy	Gualala	5K	435	Rios	Oscar	Gualala	5K
404	Blair	Sandy	Palo Alto	5K	430	Gorczyca	Ann Marie	Walnut Creek	5K	25	Rogers	Kristen	Davis	10K
976	Boettcher	Mary	El Cerrito	WALK	410	Greth	Kayla	Point Arena	5K	26	Roshitsh	Ed	San Francisco	10K
887	Bolton	Lisa	Fort Bragg	WALK	39	Haldeman	Doug	Seattle	10K	980	Russo	Fred	Gualala	WALI
889	Bolton	Linnaea	Fort Bragg	WALK	788	Hantzsche	Lisa	Gualala	5K	981	Russo	Marco	Gualala	WALI
888	Bolton	Tabi	Fort Bragg	WALK	462	Hantzsche	Max	Pt Arena	WALK	953	Salva	Elsie	Gualala	WALI
4	Borys	Anne Marie	Sunnyvale	10K	938	Heinzelman	Teresa	Gualala	WALK	790	Santana	Karen	Point Arena	WALI
405	Bowen	Taylor	Gualala	5K	13	Henwood	Joe	San Jose	10K	954	Santillan	Trina	Point Arena	WALI
406	Boyll-Armitage	Dawn	Novato	5K	411	Hughes	Hazel	Redding	5K	780	Sato	Emiko	Portola Valley	10K
792	Bradley	Nancy	Napa	WALK	973	Hughes	Jessica	Gualala	WALK	779	Sato	Miki	Portola Valley	WALI
793	Bradley	Bruce	Napa	WALK	412	Hunter	Jana	Gualala	5K	42	Sato	Tohru	Portola Valley	WALI
794	Bradley	Anthony	San Francisco	WALK	413	Jones	Brianne	Elk Grove	10K	782	Sato	Yoshi	Portola Valley	WALI
407	Brownscombe	Laurel	Ukiah	5K	14	Jones	Michael	Elk Grove	5K	955	Seefeldt	Lea	Point Arena	WALI
408	Brownscombe	Holly	Berkeley	5K	441	Jones	Larry		5K	450	Seman	Janet	Gualala	5K
44	Bryce	Michael	Gualala	10K	463	Jordan	Brenda	Gualala	10K	956	Sherwood	Donna	Point Arena	WALI
795	Bunch	Missy	San Francisco	WALK	15	Jordan	David	San Ramon	5K	958	Sisto	Leslie	Gualala	WALI
890	Carbajal	Natalia	Gualala	WALK	36	Kaplan	Steve	Portland	10K	957	Sisto	John	Gualala	WALI
891	Case	Cece	Gualala	WALK	54	Kelsh	Michael	Pleasanton	10K	27	Smith	Molly	Gualala	10K
49	Caslo	Jon	Gualala	10K	939	Kennedy	Cindy	Gualala	WALK	453	Smith	Andrea	Elk Grove	5K
420	Charkowski	Elaine	Fort Bragg	5K	978	Keyer	Curt	Santa Cruz	WALK	436	Smith	Doug	The Sea Ranch	5K
422	Chavez	Karina	Gualala	5K	940	Lappe	Jacquie	Gualala	WALK	459	Smith	Leland	Elk Grove	5K
423	Chavez	Isabel	Gualala	5K	941	Long	Alex	San Francisco	WALK	783	Smith	Debra	The Sea Ranch	WALI
444	Chidlaw	Metilda	Gualala	5K	979	Lopez	Louise	Dublin	WALK	28	Spurlock	Elizabeth	Richmond	10K
977	Clafin	Bob	Gualala	WALK	34	Lothander	Hans	San Anselmo	10K	29	Stokem	Bill	Gualala	10K
892	Clark	Jessika	Gualala	WALK	943	Manzo	Teresa	Annapolis	WALK	982	Strickland	Laura	Gualala	10K
37	Combs	Michael	Gualala	10K	942	Manzo	Ricardo	Annapolis	WALK	38	Strickland	Shawn	Gualala	WALI
5	Condon	Laurel	Sacramento	10K	16	McCloskey	Patrick S	Fort Bragg	10K	983	Strickland	Gaby	Gualala	WALI
894	Condon	Mary	Gualala	WALK	17	McCullough	Mindy J	Fort Bragg	10K	984	Strickland	Ayden	Gualala	WALI
895	Condon	Larry	Gualala	WALK	789	McGimsey	Max Well	Cameron Park	WALK	800	Sumner	Ana	Pt Arena	WALI
893	Cook	Jaime	Gualala	WALK	18	McVeigh	Marty	San Jose	10K	975	Thompson	Laura L	The Sea Ranch	WALI
442	Cooke	David	Gualala	5K	19	McWane	Victoria	St Helena	10K	959	Tidwell Jones	Mary Ann	Gualala	WALI
798	Cooper	Emma	Saratoga	WALK	20	Mee	Mike	Gualala	10K	960	Torres	Maricela	Gualala	WALI
799	Cooper	Sophie	Saratoga	WALK	427	Mendoza	Patricia	Pt Arena	5K	961	Turner	Rachel	The Sea Ranch	WALI
796	Cooper	Marc	Saratoga	WALK	944	Miller	Trish	Gualala	WALK	30	Tyler	Deann	Gualala	10K
452	Corey	Hailey	The Sea Ranch	WALK	945	Mitchell	Sophia	Gualala	10K	962	Urizar	Victoria	Gualala	WALI
461	Corey	Olivia	None	WALK	21	Mitchell	Bob	Gualala	WALK	963	Villagomez	Crystal	Gualala	WALI
986	Corey	Tim	Gualala	WALK	946	Murray	Sondra L	Colorado Springs	5K	40	Walker	Heidi	Loomis	10K
6	Costa	Maili	Corte Madera	10K	414	Murray	William B	Colorado Springs	WALK	439	Walker	Shelly	San Pablo	5K
35	Crockett	Joel	Gualala	10K	415	Nance	Laura	Modesto	5K	964	Wargovich	Thomas	St Helena	WALI
896	Daniels	Cynthia	Gualala	WALK	22	Navarro	Ralph	Gualala	10K	797	Warsick	Bridget	Saratoga	WALI
445	Dempsey	Jennifer	Gualala	5K	947	Nesci	Laurie	Sunnyvale	WALK	31	Watson	Elisabeth	Berkeley	10K
443	Dillon	Karen	San Jose	5K	778	Neth	Pat	Gualala	WALK	421	Weasa	Amee	Novato	5K
7	Dinis-McVeigh	Elsa	San Jose	10K	23	Nilsen	Spencer J	San Rafael	10K	965	White	Jacque Jo	Gualala	WALI
50	Dubin	Conor	Los Angeles	10K	416	Nordvold	Eric	Santa Rosa	5K	52	Wilder	Andrea	Santa Clara	10K
8	Edwards	Phyllis	Carmichael	10K	417	Nulph	Elen	Mendocino	5K	53	Wilder	Rich	Santa Clara	10K
419	Faggella	Madelyn	San Anselmo	5K	949	Nunoz	Jasmine	Gualala	WALK	440	Woodward	Amanda	Point Arena	5K
454	Fairwell	Joe	Willits	5K	948	Nunoz	Isaias	Gualala	WALK	985	Wroblewski	Katrina	Ft Bragg	WALI
9	Farris	Emily	Roseville	10K	950	Oconnor	Lou	Vallejo	WALK	966	Yates-Johnson	Donna	Gualala	WALI
898	Farris	Gracie	Roseville	WALK	429	O'Donnell	Richard	Walnut Creek	5K	32	Yrun	Laurel	San Rafael	10K
897	Farris	Corey	Roseville	WALK	428	O'Donnell	Richard J.	Walnut Creek	5K	967	Zamora	Wendy	Annapolis	WALI
899	Farris	Bryce	Roseville	WALK	46	O'Doyle	Erin	Pt Arena	10K	968	Zamora	Cristo	Annapolis	WALI
10	Flory	Eron	The Sea Ranch	10K	460	Okubo	Avhi	None	WALK	446	Zec	Will	Corte Madera	5K
934	Franco	Sarah	Complche	WALK	970	Ortman	Rhonda	Stewarts Point	WALK	33	Zettler	Roxanne	Point Arena	10K
					433	Ostrau	Sandy	Palo Alto	10K	969	Zettler	Therese	Point Arena	WALI

For more details go to [www.ActionNetwork.info](http://www.ActionNetwork.info) and click on GRR or [www.RdySetGo.com](http://www.RdySetGo.com)

October 23-31 - Help the Across Ages and Cultures Prevention Coalition recognize Red Ribbon Week through the symbol of the Red Ribbon.

**HALLOWEEN PARTY - 6:30 TO 8:30 P.M., WEDNESDAY, OCTOBER 31 - ACTION NETWORK POINT ARENA FAMILY RESOURCE CENTER - 200 MAIN STREET, POINT ARENA - FAMILY FUN - HEALTHY SNACKS & TREATS - ARTS & CRAFTS FOR INFORMATION CALL 707-884-5413**