



**BUILDING A HEALTHY,  
THRIVING & DRUG-FREE  
COMMUNITY  
FOR ALL SINCE 2002**

Vol. 1, #2 \* Non-profit Action Network Family Resource Centers: Located in Gualala & Pt. Arena \* August 15, 2012

**Board of Directors**

Tom Dorn, Co-Chair & CEO  
 Rev. Alyce Soden, Co-Chair  
 Mary Mobert, Secretary  
 Linda Bradbrook, Director  
 River Free, Director  
 Lori Holmes, Director  
 Shirley Marks, Director  
 Andrea Phillips, Director  
 Paul Plakos, MFT, Director  
 James Platt, Ph.D, Director  
 (Open), Treasurer

**Action Network Staff**

**Janet Kukulinsky, M.S.**  
 Executive Director  
 janet@actionnetwork.info

**Javier Chavez**  
 Family Advocate  
 javier@actionnetwork.info

**Kim Ghezzi**  
 0-5 Family Educator/Life Coach  
 kim@actionnetwork.info

**Claudia Hillary**  
 Business Manager  
 info@actionnetwork.info

**Leslie Hoppe**  
 Marketing/PR/Grant Writer  
 leslie@actionnetwork.info

**Heidi Marshall**  
 Prenatal/Infant Specialist  
 Hm.crowningglory@gmail.com

**Laura Ramirez**  
 Program Assistant  
 lauraita\_707@yahoo.com

**AN/Gualala: 884-5413**  
**AN/Pt. Arena: 882-1691**  
**En Espanol: 884-5414**

**Teen Peer Court Revitalized  
Linda Crockett's Legacy Lives On**

Linda brought her heart, commitment and knowledge to all she did, particularly as Chair for the Juvenile Justice & Delinquency Prevention Commission of Mendocino (JJDPDC).

According to JJDPDC, it was "Through Linda's insistence and perseverance, that Mendocino County Teen Peer Court has been revived!"

Ironically, on the same day as Linda's memorial, last August 1, JJDPDC's Redwood Children's Services, Inc., a non-profit nonsectarian agency that provides specialized care and services to foster children and their families, revitalized the Teen Peer Court -- a valuable resource that was cut due to budget cuts and the retirement of Judge Jonathan Lehan-- by holding their first youth orientation!

Linda was an advocate for local children, youth and teens. As Clinical Director for Action Network, she developed the South Coast Teen Peer Court Program, which evolved into Second Chance whose teen members - under Linda's guidance - created the Mendonoma Teen Voices website.



**Community Helps Out  
With School Supplies**

Five elementary and two high schools, located from Kashia to Manchester Elementary, open for learning on August 22. As in the past, many of these students will appreciate school supplies and/or backpacks.

For the seventh continuous year, Action Network is coordinating the distribution of the community's donations. Based on past year counts, the combined efforts will provide over 70 students with backpacks and/or school supplies.

If you know of a student who needs a backpack and/or school supplies, please call Claudia Hillary at 884-5414. Distribution is scheduled for Friday, August 17, and once again after school begins.

**Upcoming!**

- Across Ages and Cultures (AAC) Prevention Coalition quarterly meeting, Wed., September 19
- Sign up for this year's Gualala River Run: Designed for weekend warriors & families! With brunch & raffle, Sat., October 13
- Our 10th Anniversary Celebration! - Honoring ten years' of service to the community in early December

# A Labor of Love



Parents, Charlie Sittloh and Daniel Sanchez, with daughter, Danika Leeann Sittloh Sanchez, participated this month in Breast Feeding Support. This is an Action Network program currently funded by the Soroptimists International of Mendocino Sonoma Co. and taught by Action Network consultant and midwife, Heidi Marshall.

# Graduating Class in Youth Nutrition



Graduates, Michelle Corla, Lizabeth Rodriques, Kim Ghezzi (teacher), Karina Chavez, and Valerie Estrada (bottom row), of a Nutrition Basics Class for youth. The class focused on easy-to-prepare, delicious and healthy recipes, how to read nutritional labels, convert grams of sugar into teaspoons, and emphasized cutting out unhealthy ingredients. It was held at Action Network in Gualala on Wednesdays, July 18-August 15.

## News in Brief



River Free, Action Network's newly-installed, youngest-ever board member is an eighth grader at Pacific Community Charter School. River was an Action Network Mentee for two years. His mentor, James Platt, PhD, recognized River's leadership skills.



Wilma Klagenberg and Ginny Burlage, long-time co-managers of Good Buy Clothes, give Kim Ghezzi, (center) Family Educator and Life Coach at Action Network, a \$1,000 check to support 22-weeks of tuition for Learning through Play scholarship.



Deputy Terry Solomon was the key note speaker at the last Across Ages and Cultures (AAC) Prevention Coalition meeting. Standing to his right is Janet Kukulinsky, Action Network Executive Director.