

Gualala River Run 2013
Gualala, California
10/12/2013

***** 5K RUN AWARDS LIST *****
PRELIMINARY

***** FEMALE OVERALL 5K RUN RESULTS *****

Place	Name	S	Age	City	St	Time	Pace
1	Annabel Wigton	F	40	Gualala	CA	25:03	8:04
2	Claudia Padilla	F	34	Ft Bragg	CA	25:58	8:22
3	Sonya Zilka	F	46	Gualala	CA	26:43	8:36
4	Karina Chavez	F	13	Gualala	CA	27:04	8:43
5	Natasha Krick	F	41	Fairfax	CA	27:18	8:48

***** FEMALE 5K RUN AGE GROUP: 1 - 10 *****

Place	Name	S	Age	City	St	Time	Pace
1	Olivia Corey	F	8	Gualala	CA	32:06	10:20
2	Hailey Corey	F	6	Gualala	CA	40:30	13:03
3	Zia Light Abrams	F	9		CA	40:48	13:08

***** FEMALE 5K RUN AGE GROUP: 11 - 15 *****

Place	Name	S	Age	City	St	Time	Pace
1	Karina Chavez	F	13	Gualala	CA	27:04	8:43
2	Estelle Burkhardt	F	13		CA	32:10	10:22

***** FEMALE 5K RUN AGE GROUP: 16 - 19 *****

Place	Name	S	Age	City	St	Time	Pace
1	Hannah Landin	F	16	Stockton	CA	41:53	13:29

***** FEMALE 5K RUN AGE GROUP: 20 - 29 *****

Place	Name	S	Age	City	St	Time	Pace
1	Katrin Relman	F	24	Gualala	CA	34:20	11:03
2	Claire Freson	F	23	Gualala	CA	34:21	11:04
3	Maryann Watts	F	29	Manchester	CA	39:16	12:39
4	Vicki Urizar	F	24	Gualala	CA	51:29	16:35

***** FEMALE 5K RUN AGE GROUP: 30 - 39 *****

Place	Name	S	Age	City	St	Time	Pace
1	Claudia Padilla	F	34	Ft Bragg	CA	25:58	8:22
2	Julie Bower	F	31	Gualala	CA	28:09	9:04
3	Brenda Storm	F	30	Pt Arena	CA	29:55	9:38
4	Sarah Villarreal	F	32	Monte Rio	CA	30:49	9:55
5	Jessie Booras	F	33	Gualala	CA	30:57	9:58
6	Tai Glover	F	37	Pt Arena	CA	35:44	11:31
7	Laurel Brownscombe	F	34	Ukiah	CA	37:28	12:04

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***** 5K RUN/WALK AWARDS LIST *****
 PRELIMINARY

***** FEMALE 5K RUN AGE GROUP: 40 - 49 *****

Place	Name	S	Age	City	St	Time	Pace
1	Annabel Wigton	F	40	Gualala	CA	25:03	8:04
2	Sonya Zilka	F	46	Gualala	CA	26:43	8:36
3	Natasha Krick	F	41	Fairfax	CA	27:18	8:48
4	Isabel Chavez	F	41	Gualala	CA	27:39	8:54
5	Janet Seman	F	45	Gualala	CA	28:07	9:03
6	Denise Fisher	F	48	Pt Arena	CA	28:39	9:14
7	Karenanne Radic	F	48	Pt Arena	CA	31:36	10:10
8	Anissa Murphy	F	40	Gualala	CA	39:55	12:51
9	Hilary Prentiss	F	49	Angwin	CA	46:03	14:50
10	Amy Landin	F	44	Stockton	CA	46:17	14:54

***** FEMALE 5K RUN AGE GROUP: 50 - 59 *****

Place	Name	S	Age	City	St	Time	Pace
1	Jeanine Burnett	F	54	Hidden Valley Lake	CA	29:16	9:26
2	Donna Sherwood	F	58	Pt Arena	CA	33:45	10:52
3	Mary Ann Tidwell-Jones	F	59	Gualala	CA	40:01	12:53
4	Mary Ashuckian	F	54	Carmichael	CA	45:05	14:31

***** FEMALE 5K RUN AGE GROUP: 60 - 69 *****

Place	Name	S	Age	City	St	Time	Pace
1	Elaine Charkowski	F	64	Fort Bragg	CA	42:31	13:42
2	Linda Averett	F	66	Carmel	CA	46:24	14:56
3	Laura Thompson	F	61	The Sea Ranch	CA	48:36	15:39
4	Holly Brownscombe	F	64	Berkeley	CA	52:39	16:57

***** FEMALE 5K RUN AGE GROUP: 70 - 99 *****

Place	Name	S	Age	City	St	Time	Pace
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***** 10K RUNNERS AWARDS LIST *****
PRELIMINARY

***** FEMALE OVERALL 10K RUN RESULTS *****

Place	Name	S	Age	City	St	Time	Pace
1	Shanna Bruschi	F	40	San Anselmo	CA	48:52	7:52
2	Jennifer Ros Whitney	F	28	Mountain View	CA	49:33	7:59
3	Nicolette Kaliebe	F	23		CA	50:59	8:13
4	Diane Rubin	F	23	Fort Bragg	CA	50:59	8:13
5	Louann Connor	F	46	S. San Francisco	CA	51:45	8:20

***** FEMALE 10K RUN AGE GROUP: 1 - 10 *****

Place	Name	S	Age	City	St	Time	Pace
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***** FEMALE 10K RUN AGE GROUP: 11 - 15 *****

Place	Name	S	Age	City	St	Time	Pace
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***** FEMALE 10K RUN AGE GROUP: 16 - 19 *****

Place	Name	S	Age	City	St	Time	Pace
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***** FEMALE 10K RUN AGE GROUP: 20 - 29 *****

Place	Name	S	Age	City	St	Time	Pace
1	Jennifer Ros Whitney	F	28	Mountain View	CA	49:33	7:59
2	Nicolette Kaliebe	F	23		CA	50:59	8:13
3	Diane Rubin	F	23	Fort Bragg	CA	50:59	8:13
4	Kristi Randel	F	26	Sacramento	CA	54:04	8:43
5	Rebecca Wald	F	22	Portland	OR	58:55	9:29
6	Micheline Whhite	F	27		CA	1:07:31	10:52
7	Mary-Clare Neal	F	28		CA	1:09:08	11:08

***** FEMALE 10K RUN AGE GROUP: 30 - 39 *****

Place	Name	S	Age	City	St	Time	Pace
1	Maili Costa	F	35	Corte Madera	CA	52:29	8:27
2	Rachel Scopinich	F	31		CA	53:15	8:35
3	Alanna Stenberg	F	31		CA	54:42	8:49
4	Sally Chacon	F	39	Petaluma	CA	57:57	9:20
5	Amy Porto	F	32		CA	59:15	9:33
6	Katy Bayless	F	35	Cazadero	CA	1:00:56	9:49
7	Nichole Garcia	F	33	Gualala	CA	1:05:21	10:31
8	Sara Aszklar	F	38	Gualala	CA	1:09:50	11:15
9	Nadene Plake	F	39		CA	1:11:11	11:28

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***** 10K RUNNERS AWARDS LIST *****
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***** FEMALE 10K RUN AGE GROUP: 40 - 49 *****

Place	Name	S	Age	City	St	Time	Pace
1	Shanna Bruschi	F	40	San Anselmo	CA	48:52	7:52
2	Louann Connor	F	46	S. San Francisco	CA	51:45	8:20
3	Kristina Brophy	F	41	Lafayette	CA	53:10	8:34
4	Jeanine Stefani	F	46		CA	1:00:53	9:48
5	Francisca Andrade	F	41	Miami Beach	FL	1:01:03	9:50
6	Marina Bearman	F	43	Berkeley	CA	1:02:02	9:59
7	Stephanie Weiler	F	40		CA	1:02:09	10:01
8	Teray McBride	F	44	Santa Rosa	CA	1:06:34	10:43
9	Julian Marrero	F	48	Fairfax	CA	1:09:09	11:08
10	Hayley Venezia	F	45	Santa Rosa	CA	1:16:43	12:21

***** FEMALE 10K RUN AGE GROUP: 50 - 59 *****

Place	Name	S	Age	City	St	Time	Pace
1	Mindy McCullough	F	58	Fort Bragg	CA	56:17	9:04
2	Betsy Anderson	F	58	Cazadero	CA	58:30	9:25
3	Kate Wheelock	F	55		CA	1:00:37	9:46
4	Laurel Yrun	F	53		CA	1:02:26	10:03
5	Molly Smith	F	54	Gualala	CA	1:02:44	10:06
6	Julie McCullough	F	55		CA	1:02:56	10:08
7	Karen Dillon	F	56		CA	1:16:41	12:21

***** FEMALE 10K RUN AGE GROUP: 60 - 69 *****

Place	Name	S	Age	City	St	Time	Pace
1	Pat Kirkpatrick	F	60	Berkeley	CA	56:00	9:01
2	Janet Pucci	F	65	Newcastle	CA	1:07:31	10:52
3	Becky Whitt	F	60	Middletown	CA	1:09:33	11:12

***** FEMALE 10K RUN AGE GROUP: 70 - 99 *****

Place	Name	S	Age	City	St	Time	Pace
1	Jindra Goodman	F	70		CA	1:20:57	13:02

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***** 5K RUN/WALK AWARDS LIST *****
PRELIMINARY

***** MALE OVERALL 5K RUN/WALK RESULTS *****

Place	Name	S	Age	City	St	Time	Pace
1	Eron Flory	M	52	The Sea Ranch	CA	19:46	6:22
2	Max Hantzsche	M	17	Pt Arena	CA	20:22	6:34
3	Jacob Laura	M	15	Pt Arena	CA	21:20	6:52
4	Jesus Salazar	M	51	Ft Bragg	CA	22:38	7:17
5	Will Glover	M	19	Guernville	CA	22:48	7:21

***** MALE 5K RUN/WALK AGE GROUP: 1 - 10 *****

Place	Name	S	Age	City	St	Time	Pace
1	Taylor Bowen	M	10	Gualala	CA	24:08	7:46
2	Kyle Radic	M	8	Pt Arena	CA	26:48	8:38
3	Ivan Gustafson	M	8		CA	35:12	11:20
4	Lincoln Storm	M	7	Pt Arena	CA	40:26	13:01
5	Teolight Abrams	M	7	Pt Arena	CA	40:27	13:01
6	Luca Thompson	M	5	Tsr	CA	46:29	14:58
7	Richard O'Donnell	M	8	Walnut Creek	CA	48:18	15:33

***** MALE 5K RUN/WALK AGE GROUP: 11 - 15 *****

Place	Name	S	Age	City	St	Time	Pace
1	Jacob Laura	M	15	Pt Arena	CA	21:20	6:52
2	William Zec	M	12	Corte Madera	CA	24:21	7:51
3	Dylan Freebairn-Smit	M	11	Gualala	CA	26:35	8:34
4	Noah Fisher	M	11		CA	26:35	8:34
5	Sebastian Reeves	M	13	Colorado Spgs,	CO	26:51	8:39
6	Garrett Bunker	M	13		CA	28:40	9:14
7	Leroy Gustafson	M	12	Gualala	CA	33:33	10:48
8	Tobias German	M	12	Fair Oaks	CA	33:46	10:52
9	Isaac Coria	M	11	Gualala	CA	48:06	15:29

***** MALE 5K RUN/WALK AGE GROUP: 16 - 19 *****

Place	Name	S	Age	City	St	Time	Pace
1	Max Hantzsche	M	17	Pt Arena	CA	20:22	6:34
2	Will Glover	M	19	Guernville	CA	22:48	7:21
3	Enrique Jordan	M	17	Gualala	CA	25:35	8:14
4	Jeremy Willliams	M	18			32:03	10:19

***** MALE 5K RUN/WALK AGE GROUP: 20 - 29 *****

Place	Name	S	Age	City	St	Time	Pace
1	Barry Ducharme	M	22		CA	24:40	7:57
2	Jonathan Torrez	M	24		CA	25:14	8:08

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***** MALE 5K RUN/WALK AGE GROUP: 30 - 39 *****

Place	Name	S	Age	City	St	Time	Pace
1	Jason Island	M	38	Fort Bragg	CA	23:44	7:39
2	Krispin Scanlon-Hill	M	31			29:07	9:23
3	Nathan Anglin	M	39		CA	29:27	9:29
4	David Bower	M	31	Gualala	CA	29:38	9:33
5	Bill Booras	M	32	Gualala	CA	31:16	10:04
6	Gerard Roxburgh	M	30	Sacramento	CA	33:38	10:50
7	Lance Dumas	M	31	Sacramento	CA	33:38	10:50

***** MALE 5K RUN/WALK AGE GROUP: 40 - 49 *****

Place	Name	S	Age	City	St	Time	Pace
1	Ronnie Desoto	M	44	Ukiah	CA	22:55	7:23
2	Ricardo Estrada	M	44	Gualala	CA	24:51	8:00
3	Donald L German	M	45	Fair Oaks	CA	27:26	8:50
4	David Mouton	M	40	Pt Arena	CA	29:11	9:24
5	Timothy Corey	M	42	Gualala	CA	32:53	10:35
6	Tom Neth	M	45	Gualala	CA	35:28	11:25
7	Robert Hylton	M	43	Gualala	CA	48:24	15:35
8	Fran Aszklar	M	40			57:56	18:39

***** MALE 5K RUN/WALK AGE GROUP: 50 - 59 *****

Place	Name	S	Age	City	St	Time	Pace
1	Eron Flory	M	52	The Sea Ranch	CA	19:46	6:22
2	Jesus Salazar	M	51	Ft Bragg	CA	22:38	7:17
3	Steve Reeves	M	50	Colorado Spgs,	CO	27:19	8:48
4	Dave Ashuckian	M	55	Carmichael	CA	32:49	10:34
5	David Platt	M	53	Walnut Creek	CA	37:12	11:59
6	Keith Abrams	M	56	Pt Arena	CA	40:35	13:04

***** MALE 5K RUN/WALK AGE GROUP: 60 - 69 *****

Place	Name	S	Age	City	St	Time	Pace
1	Richard Averett	M	60	Carmel	CA	23:27	7:33
2	Alan Levine	M	69	Pt Arena	CA	27:15	8:47
3	Bill Burnett	M	68	Hidden Valley Lake	CA	29:43	9:34
4	Steve Hunt	M	62			30:49	9:56
5	Doug Haldeman	M	62		CA	31:20	10:05
6	Raymond Santana	M	66	Newcastle	CA	33:17	10:43
7	Larry Jones	M	68	Gualala	CA	33:31	10:48
8	Denny Gold	M	60	Gualala	CA	59:01	19:00

***** MALE 5K RUN/WALK AGE GROUP: 70 - 99 *****

Place	Name	S	Age	City	St	Time	Pace
1	Lonnie Schellhorn	M	73	Gualala	CA	25:25	8:11
2	Donald F German	M	78		CA	41:00	13:12
3	Barry Richman	M	72	Gualala	CA	51:49	16:41

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***** MALE OVERALL 10K RUN RESULTS *****

Place	Name	S	Age	City	St	Time	Pace
1	Brian Astell	M	32	Gualala	CA	34:31	5:34
2	Alan Reynolds	M	49		CA	37:04	5:58
3	Randall Connor	M	45	S. San Francisco	CA	37:54	6:06
4	Justin Villarreal	M	32	Monte Rio	CA	42:29	6:51
5	Edward Levie	M	29	Mountain View	CA	45:49	7:23

***** MALE 10K RUN AGE GROUP: 1 - 10 *****

Place	Name	S	Age	City	St	Time	Pace
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***** MALE 10K RUN AGE GROUP: 11 - 15 *****

Place	Name	S	Age	City	St	Time	Pace
1	Michael Barron	M	15		CA	1:04:41	10:25

***** MALE 10K RUN AGE GROUP: 16 - 19 *****

Place	Name	S	Age	City	St	Time	Pace
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***** MALE 10K RUN AGE GROUP: 20 - 29 *****

Place	Name	S	Age	City	St	Time	Pace
1	Edward Levie	M	29	Mountain View	CA	45:49	7:23
2	Kim Esteban	M	24	Gualala	CA	50:14	8:05
3	Erin O'Doyle	M	26	Gualala	CA	50:50	8:11
4	Dylan Peterson	M	26		CA	52:32	8:28
5	Tom Fuchs	M	22		CA	53:20	8:35
6	Guion Mascolo	M	29	Monte Rio	CA	53:28	8:37
7	John Plansanes	M	23		CA	54:20	8:45
8	Aaron Alexander	M	20	Cazadero	CA	1:14:41	12:02

***** MALE 10K RUN AGE GROUP: 30 - 39 *****

Place	Name	S	Age	City	St	Time	Pace
1	Brian Astell	M	32	Gualala	CA	34:31	5:34
2	Justin Villarreal	M	32	Monte Rio	CA	42:29	6:51
3	Urijah Faber	M	34	Sacramento	CA	49:24	7:57
4	Josh Ayres	M	37		CA	49:30	7:58
5	Samuel Rangel	M	34	Gualala	CA	53:10	8:34
6	Michael Garcia	M	38	Elk Grove	CA	1:01:22	9:53

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***** MALE 10K RUN AGE GROUP: 40 - 49 *****

Place	Name	S	Age	City	St	Time	Pace
=====	=====	=	===	=====	==	=====	=====
1	Alan Reynolds	M	49		CA	37:04	5:58
2	Randall Connor	M	45	S. San Francisco	CA	37:54	6:06
3	Patrick McCloskey	M	46	Fort Bragg	CA	46:35	7:30
4	Raul Chacon	M	42	Petaluma	CA	49:34	7:59
5	Scott Hopkins	M	41	Twin Falls	ID	1:10:06	11:17

***** MALE 10K RUN AGE GROUP: 50 - 59 *****

Place	Name	S	Age	City	St	Time	Pace
=====	=====	=	===	=====	==	=====	=====
1	Maurizio Bruschi	M	52	San Anselmo	CA	47:09	7:36
2	Steve Whitt	M	59	Middletown	CA	1:09:33	11:12

***** MALE 10K RUN AGE GROUP: 60 - 69 *****

Place	Name	S	Age	City	St	Time	Pace
=====	=====	=	===	=====	==	=====	=====
1	Steve Sidney	M	64		CA	51:40	8:19
2	Ralph Navarro	M	66	Gualala	CA	55:59	9:01
3	Timothy Cormier	M	66		CA	1:16:44	12:21

***** MALE 10K RUN AGE GROUP: 70 - 99 *****

Place	Name	S	Age	City	St	Time	Pace
=====	=====	=	===	=====	==	=====	=====
1	Joel Crockett	M	72		CA	1:12:14	11:38