

Gualala River Run 2010  
 Gualala, California  
 10/16/2010

\*\*\*\*\* FEMALE 10K RUN FULL RESULTS \*\*\*\*\*

Place	Name	S	Age	City	St	Time	Pace
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\*\*\*\*\* FEMALE 10K RUN – TOP 5 \*\*\*\*\*

1	Laurel Condon	F	29	Rocklin	CA	1:02:07	10:00
2	Sarah Coon	F	25	Willits	CA	1:04:19	10:22
3	Sharon Parisian	F	55	Vacaville	CA	1:06:02	10:38
4	Valerie Blanchard-Rudo	F	50	Vacaville	CA	1:06:02	10:38
5	Michaelyn Wipf	F	22	Ukiah	CA	1:06:51	10:46

\*\*\*\*\* FEMALE 10K RUN AGE GROUP: 11-15 \*\*\*\*\*

8	Amanda Cole	F	14	Pt Arena	CA	1:59:50	19:18
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\*\*\*\*\* FEMALE 10K RUN AGE GROUP: 20 - 29 \*\*\*\*\*

1	Laurel Condon	F	29	Rocklin	CA	1:02:07	10:00
2	Sarah Coon	F	25	Willits	CA	1:04:19	10:22
3	Michaelyn Wipf	F	22	Ukiah	CA	1:06:51	10:46
4	Kristen Fewins	F	20	Davis	CA	1:12:16	11:38

\*\*\*\*\* FEMALE 10K RUN AGE GROUP: 30 - 39 \*\*\*\*\*

1	Bianca Di Giulio	F	30	Oakland	CA	1:08:25	11:01
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\*\*\*\*\* FEMALE 10K RUN AGE GROUP: 40 - 49 \*\*\*\*\*

1	Delfina A. Klein	F	49	Belmont	CA	1:12:39	11:42
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\*\*\*\*\* FEMALE 10K RUN AGE GROUP: 50 - 59 \*\*\*\*\*

1	Sharon Parisian	F	55	Vacaville	CA	1:06:02	10:38
2	Valerie Blanchard-Rudo	F	50	Vacaville	CA	1:06:02	10:38
3	Melanie Guadarrama	F	54	Fortuna	CA	1:09:59	11:16
4	Beverly Battaglia	F	53	Pt Arena	CA	1:59:50	19:18

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\*\*\*\*\* MALE 10K RUN FULL RESULTS \*\*\*\*\*

Place	Name	S	Age	City	St	Time	Pace
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\*\*\*\*\* MALE 10K RUN TOP 5 \*\*\*\*\*

1	John Harmon	M	54	Santa Rosa	CA	43:41	7:02
2	Patrick Hillscan	M	15	Pt Arena	CA	44:34	7:11
3	David Morris	M	50	Ukiah	CA	47:01	7:34
4	Darren Walton	M	60	San Rafael	CA	47:46	7:42
5	Enrique Ortiz	M	25	Unknown	CA	48:18	7:47

\*\*\*\*\* MALE 10K RUN AGE GROUP: 11 - 15 \*\*\*\*\*

1	Patrick Hillscan	M	15	Pt Arena	CA	44:34	7:11
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\*\*\*\*\* MALE 10K RUN AGE GROUP: 20 - 29 \*\*\*\*\*

1	Enrique Ortiz	M	25	Unknown	CA	48:18	7:47
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\*\*\*\*\* MALE 10K RUN AGE GROUP: 30 - 39 \*\*\*\*\*

1	Marc Siegfried	M	37	Gualala	CA	48:21	7:47
2	Ryan Dickinson	M	34	Ukiah	CA	54:36	8:48
3	Marcus Sandoval	M	37	Pt Richmond	CA	56:19	9:04
4	Adam Mariano	M	39	Oakland	CA	1:08:24	11:01

\*\*\*\*\* MALE 10K RUN AGE GROUP: 40 - 49 \*\*\*\*\*

1	Greg Hagaman	M	45	Annapolis	CA	48:26	7:48
2	Don German, Jr	M	42	Elk Grove	CA	54:18	8:45
3	Spencer Nilsen	M	49	San Rafael	CA	1:03:43	10:16
4	Richard J. O'Donnell	M	47	Walnut Creek	CA	1:17:45	12:31

\*\*\*\*\* MALE 10K RUN AGE GROUP: 50 - 59 \*\*\*\*\*

1	John Harmon	M	54	Santa Rosa	CA	43:41	7:02
2	David Morris	M	50	Ukiah	CA	47:01	7:34
3	Charles Anderson	M	56	Ketchum	ID	49:28	7:58
4	Joe Henwood	M	56	San Jose	CA	49:44	8:01
5	Don Makela	M	59	Novato	CA	50:03	8:04
6	Rick Barton	M	53	Point Arena	CA	56:36	9:07
7	Doug Haldeman	M	59	Seattle	WA	56:57	9:10

\*\*\*\*\* MALE 10K RUN AGE GROUP: 60 - 69 \*\*\*\*\*

1	Darren Walton	M	60	San Rafael	CA	47:46	7:42
2	Jim Mohler	M	63	Fair Oaks	CA	53:38	8:38
3	Michael Mee	M	66	Gualala	CA	54:43	8:49
4	Steve Kaplan	M	64	Sea Ranch	CA	1:01:18	9:52
5	Michael Combs	M	68	Gualala	CA	1:04:04	10:19
6	Ronald Bolander	M	66	Gualala	CA	1:10:46	11:24
7	Eric Kohn	M	65	Gualala	CA	1:20:00	12:53

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\*\*\*\*\* FEMALE 5K RUN FULL RESULTS \*\*\*\*\*

Place	Name	S	Age	City	St	Time	Pace
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\*\*\*\*\* FEMALE 5K RUN OVERALL TOP 5 \*\*\*\*\*

1	Emily Farris	F	31	Roseville	CA	26:53	8:40
2	Isabel Chavez	F	38	Gualala	CA	27:45	8:56
3	Vita Grossman	F	12	The Sea Ranch	CA	30:02	9:40
4	Brenda Jordan	F	27	Gualala	CA	30:46	9:55
5	Erin Karns	F	40	Kondonderry	VT	31:59	10:18

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 1 - 10 \*\*\*\*\*

1	Karina Chavez	F	10	Gualala	CA	33:14	10:42
2	Claire McPhee	F	10	Gualala	CA	38:16	12:19
3	Ana Ramirez	F	10	Albion	CA	51:28	16:34

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 11 - 15 \*\*\*\*\*

1	Vita Grossman	F	12	The Sea Ranch	CA	30:02	9:40
2	Morgen Pack	F	15	Gualala	CA	33:35	10:49
3	Paulina Power	F	12	Gualala	CA	37:27	12:03
4	Shawn McPhee	F	12	Gualala	CA	38:10	12:17
5	Kiara Ramirez	F	11	Albion	CA	38:29	12:24
6	Sabyna Sandoval	F	13	Pt Richmond	CA	51:28	16:34
7	Khaymeyanam Morgan	F	12	Stewarts Point	CA	1:04:58	20:55
8	Amanda Cole	F	14	Pt Arena	CA	1:59:50	

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 20 - 29 \*\*\*\*\*

1	Brenda Jordan	F	27	Gualala	CA	30:46	9:55
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\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 30 - 39 \*\*\*\*\*

1	Emily Farris	F	31	Roseville	CA	26:53	8:40
2	Isabel Chavez	F	38	Gualala	CA	27:45	8:56

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 40 - 49 \*\*\*\*\*

1	Erin Karns	F	40	Kondonderry	VT	31:59	10:18
2	Paula J. Fowler	F	45	Fort Bragg	CA	34:14	11:01
3	Karenanne Radick	F	46	Pt Arena	CA	36:02	11:36
4	Citlali Calvillo	F	42	Albion	CA	52:55	17:02

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 50 - 59 \*\*\*\*\*

1	Karen Dillon	F	53	San Jose	CA	39:35	12:45
2	Phyllis Edwards	F	59	Carmichael	CA	46:26	14:57
3	Beverly Battaglia	F	53	Pt Arena	CA	1:59:50	

\*\*\*\*\* FEMALE 5K RUN AGE GROUP: 60 - 69 \*\*\*\*\*

1	Elaine Charkowski	F	62	Ft Bragg	CA	35:19	11:22
2	Candie Dickinson	F	63	Ukiah	CA	48:56	15:45
3	Cheri Snyder	F	63	Gualala	CA	1:01:43	19:52

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\*\*\*\*\* MALE 5K RUN OVERALL TOP 5 \*\*\*\*\*

1	Avinash Sridhar	M	22	Manchester	CA	18:12	5:52
2	Tachs Gardner	M	17	Annapolis	CA	20:08	6:29
3	Jed Pennell	M	29	Pt Arena	CA	20:47	6:42
4	Joe Fairwell	M	58	Hayward	CA	22:33	7:16
5	Max Hantzsche	M	14	Gualala	CA	22:54	7:23

\*\*\*\*\* MALE 5K RUN/WALK AGE GROUP: 1 - 10 \*\*\*\*\*

1	Taylor Bowen	M	7	Gualala	CA	28:39	9:14
2	William Zec	M	9	Greenbrae	CA	30:12	9:43
3	Lukas Kirsch	M	6	El Cerrito	CA	32:52	10:35
4	Kyle Radic	M	5	Pt Arena	CA	35:54	11:34
5	Richard F. O'Donnell	M	5	Walnut Creek	CA	36:18	11:41
6	Quillie Morgan	M	10	Stewarts Point	CA	1:04:53	20:53
7	Augustin Sandoval	M	7	Pt Richmond	CA	1:15:44	24:23

\*\*\*\*\* MALE 5K RUN/WALK AGE GROUP: 11 - 15 \*\*\*\*\*

1	Max Hantzsche	M	14	Gualala	CA	22:54	7:23
2	Daniel Agazzi	M	12	Lafayette	CA	23:25	7:33
3	Manuel Garcia	M	15	Gualala	CA	23:55	7:42
4	Ethan Pack	M	12	Gualala	CA	29:57	9:39
5	Henry Power	M	13	Gualala	CA	32:46	10:33
6	Enrique Jordan	M	14	Gualala	CA	38:53	12:31
7	Oscar Rios	M	14	Gualala	CA	45:58	14:48

\*\*\*\*\* MALE 5K RUN/WALK AGE GROUP: 16 - 19 \*\*\*\*\*

1	Tachs Gardner	M	17	Annapolis	CA	20:08	6:29
2	Mike Fox	M	16	Gualala	CA	25:04	8:04
3	Isley Jones	M	17	Pt Arena	CA	33:35	10:49

\*\*\*\*\* MALE 5K RUN/WALK AGE GROUP: 20 - 29 \*\*\*\*\*

1	Avinash Sridhar	M	22	Manchester	CA	18:12	5:52
2	Jed Pennell	M	29	Pt Arena	CA	20:47	6:42
3	Erin O'Doyle	M	23	Gualala	CA	25:00	8:03

\*\*\*\*\* MALE 5K RUN/WALK AGE GROUP: 30 - 39 \*\*\*\*\*

1	Chris O'Connor	M	38	San Francisco	CA	24:50	8:00
2	Tucker Thiele	M	30	Occidental	CA	25:58	8:22
3	Kevin Chapman	M	38	South Londonderry VT	VT	27:04	8:43

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=====							
***** MALE 5K RUN/WALK AGE GROUP: 40 - 49 *****							
1	Steve Reaves	M	47	Pt Arena	CA	25:44	8:17
2	Dan Fowler	M	48	Ft Bragg	CA	35:33	11:27
3	Patrick McCloskey	M	43	Ft Bragg	CA	39:05	12:35
***** MALE 5K RUN/WALK AGE GROUP: 50 - 59 *****							
1	Joe Fairwell	M	58	Hayward	CA	22:33	7:16
2	Mark Mason	M	50	Pt Arena	CA	25:07	8:05
3	Steve Agazzi	M	53	Lafayette	CA	37:24	12:03
***** MALE 5K RUN/WALK AGE GROUP: 60 - 69 *****							
1	Damon Dickinson	M	62	Ukiah	CA	32:02	10:19
2	Larry Jones	M	65	Gualala	CA	33:13	10:42
***** MALE 5K RUN/WALK AGE GROUP: 70 - 79 *****							
1	Don German	M	75	Greenbrae	CA	36:04	11:37
2	Jack Kirsch	M	76	El Cerrito	CA	39:21	12:40
3	Ted Chapler	M	78	Gualala	CA	45:09	14:32

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\*\*\*\*\* TOTAL NUMBERS OF PARTICIPANTS BY CITY \*\*\*\*\*

City =	2	1.3%
City = ALAMO	2	1.3%
City = ALBION	3	1.9%
City = ANNAPOLIS	4	2.6%
City = BELMONT	1	0.6%
City = BRADENTON	1	0.6%
City = CARMICHAEL	1	0.6%
City = CITRUS HEIGHTS	1	0.6%
City = DAVIS	1	0.6%
City = DUBLIN	1	0.6%
City = EL CERRITO	4	2.6%
City = ELK GROVE	4	2.6%
City = FAIR OAKS	2	1.3%
City = FORT BRAGG	2	1.3%
City = FORTUNA	1	0.6%
City = FT BRAGG	2	1.3%
City = GREENBRAE	3	1.9%
City = GUALALA	34	21.9%
City = HAYWARD	1	0.6%
City = KETCHUM	1	0.6%
City = KONDONDERRY	1	0.6%
City = LAFAYETTE	4	2.6%
City = MANCHESTER	1	0.6%
City = MOUNTAIN VIEW	6	3.9%
City = NAPA	2	1.3%
City = NONE	2	1.3%
City = NOVATO	1	0.6%
City = OAKLAND	2	1.3%
City = OCCIDENTAL	1	0.6%
City = PLEASANTON	2	1.3%
City = POINT ARENA	6	3.9%
City = PT ARENA	9	5.8%
City = PT RICHMOND	3	1.9%
City = REDDING	1	0.6%
City = ROCKLIN	1	0.6%
City = ROSEVILLE	3	1.9%
City = SACRAMENTO	1	0.6%
City = SAN DIEGO	2	1.3%
City = SAN FRANCISCO	1	0.6%
City = SAN JOSE	2	1.3%
City = SAN RAFAEL	2	1.3%
City = SANTA CRUZ	1	0.6%
City = SANTA ROSA	1	0.6%

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\*\*\*\*\* TOTAL NUMBERS OF PARTICIPANTS BY CITY \*\*\*\*\*

City = SEATTLE	1	0.6%
City = SOUTH LONDONBERRY	1	0.6%
City = STEWARTS POINT	4	2.6%
City = STUDIO CITY	2	1.3%
City = THE SEA RANCH	9	5.8%
City = UKIAH	5	3.2%
City = VACAVILLE	2	1.3%
City = WALNUT CREEK	3	1.9%
City = WILLITS	2	1.3%

Number of records: 155

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\*\*\*\*\* TOTAL NUMBERS OF PARTICIPANTS BY RACE \*\*\*\*\*

Race = 10	38	24.5%
Race = 5	62	40.0%
Race = W	55	35.5%

Number of records: 155