

Gualala River Run 2009 October 17, 2009

Table 1: 5K & 10K Combined Results sorted by Overall Race Position / Time

Last Name	First Name	Age	Age Group	Bib #	Overall Race Position	Time (h.mm.ss)	Place/ Age Group	Medal
Astell	Brian	28	20-29	454	1	17.19	1	gold
Flory	Eron	48	40-49	415	2	20.31	1	gold
Salazar	Jesus	47	40-49	435	3	21.37	2	silver
Garcia	Ron	51	50-59	436	4	23.19	1	gold
Vernon	Bailey	24	20-29	443	5	24.41	2	silver
Reaves	Steve	46	40-49	438	6	24.43	3	bronze
Mason	Mark	49	40-49	444	7	24.53	4	
Schellhorn	Lonnie	69	60-69	441	8	25.01	1	gold
Cochran	Mary Kate	37	30-39	442	9	26.37	1	gold
Colgan	James	60	60-69	425	10	26.45	2	silver
Rios	Oscar	13	11-15	433	11	27.23	1	gold
Schoenfeld	Kevin	52	50-59	447	12	27.38	2	silver
Chavez	Isabel	37	30-39	424	13	28.06	2	silver
Garcia	Nicole	29	20-29	453	14	28.37	1	gold
Fredrickson	Randy	48	40-49	427	15	28.38	5	
Agazzi	Daniel	11	11-15	460	16	29.12	2	silver
Farris	Emily	30	30-39	414	17	29.16	3	bronze
Aceves	Ana	15	11-15	439	18	29.46	1	gold
Wojtowicz	Debbie	51	50-59	449	19	29.49	1	gold
Honens	Kelly	45	40-49	430	20	31.02	1	gold
Crockett	Joel	68	60-69	413	21	31.29	3	bronze
Jordan	Enrique	13	11-15	446	22	32.24	3	bronze
Jones	Larry	64	60-69	416	23	33.15	4	
Condon	Laurel	28	20-29	412	24	33.16	2	silver
Bowen	Taylor	6	10 & under	422	25	33.33	1	gold
McPhee	Shawn	11	11-15	457	26	34.07	2	silver
Jordan	Brenda	26	20-29	445	27	34.08	3	bronze
Chase	Vicki	60	60-69	451	28	34.09	1	gold
White	Micheline	23	20-29	450	29	34.30	4	
Guadarrama	Melanie	53	50-59	440	30	35.44	2	silver
Garcia	Carol	48	40-49	437	31	36.30	2	silver
Silva	Bill	72	70-79	418	32	37.23	1	gold
Chavez	Karina	9	10 & under	423	33	37.56	1	gold
Power	Paulina	11	11-15	456	34	38.11	3	bronze
Morris	Claudia	50	50-59	432	35	38.36	3	bronze
Power	Henry	12	11-15	455	36	38.40	4	
Smith	Emma	11	11-15	461	37	38.56	4	
Black	Tristen	10	10 & Under	420	38	39.52	2	silver
Simons	Maureen	53	50-59	419	39	40.55	4	
Wojtowicz	Denise	54	50-59	448	40	41.36	5	
Fredrickson	Jacob	9	10 & under	426	41	41.48	3	bronze

McPhee	Claire	9	10 & under	458	43	41.56	2	silver
McCloskey	Patrick	42	40-49	172	44	42.41	1	gold
Hayes	Todd	59	50-59	188	45	43.44	1	gold
Williams	Kim	52	50-59	452	46	44.21	6	
Macy	Jack	40	40-49	198	47	44.32	2	silver
Ostrau	Mark	48	40-49	190	48	46.46	3	bronze
Hughes	Jessica	10	10 & under	431	49	47.00	3	bronze
Siegfried	Marc	36	30-39	205	50	48.19	1	gold
Gardiner	Tacho	16	16-19	161	51	48.34	1	gold
Jackson	Jamie	39	30-39	162	52	49.58	2	silver
Hagaman	Greg	44	40-49	187	53	50.17	4	
Strickland	Shawn	38	30-39	178	54	50.33	3	bronze
Black	Scott	38	30-39	182	55	50.59	4	
Agazzi	Steve	52	50-59	459	56	52.17	3	bronze
Ramser	Nathan	29	20-29	208	57	52.20	1	gold
Foster	Curtis	43	40-49	185	58	52.28	5	
Rickard	Tobias	39	30-39	197	59	52.49	5	
German, Jr.	Donald	42	40-49	186	60	53.16	6	
McCullough	Mindy	54	50-59	202	61	53.53	1	gold
Longyear	Doug	56	50-59	204	62	54.39	2	silver
Ostrau	Sandy	49	50-59	191	63	54.52	1	gold
Barton	Rick	52	50-59	158	64	55.09	3	bronze
Mee	Mike	65	60-69	200	65	55.48	1	gold
Kellett	Kim	49	40-49	165	66	56.21	2	silver
Radtkey	Nicholas	16	16-19	194	67	56.29	2	silver
Melman	Phil	44	40-49	207	68	56.33	7	
Kyle	David	56	50-59	168	69	56.41	4	
Strickland	Laura	35	30-39	177	70	56.42	1	gold
Navarro	Ralph	62	60-69	210	71	56.56	2	silver
Ortiz-Pastor	Enrique	24	20-29	195	72	56.59	2	silver
Giorgi	Nate	38	30-39	196	73	57.35	6	
Smith	Molly	50	50-59	176	74	58.00	2	silver
Riley	Jim	70	70-79	175	75	59.13	1	gold
Bialas	Victoria	52	50-59	181	76	59.35	3	bronze
Lamantia	Joann	71	70-79	171	77	59.43	1	gold
Lamantia	Debbie	47	40-49	170	78	59.51	3	bronze
Lamantia	Laurie	50	50-59	169	79	59.52	4	
Gallaher	Gary	68	60-69	199	80	1.00.53	3	bronze
Hoehn	Beth	48	40-49	203	81	1.01.47	4	
Donadio	David	46	40-49	183	82	1.01.57	8	
Aszklar	Sara	34	30-39	179	83	1.04.10	2	silver
Aszklar	Fran	36	30-39	180	84	1.04.13	7	
Barton	Gretchen	52	50-59	411	85	1.04.19	7	
Black	Maddelyn	9	10 & Under	421	86	1.05.40	4	
Melman	Jen	37	30-39	209	87	1.05.53	3	bronze
Schneider	Michael	61	60-69	193	88	1.06.13	4	
Keene	Elizabeth	49	40-49	164	89	1.06.30	5	

Donadio	Kristine	57	50-59	184	90	1.09.16	5	
King	Sasha	12	11-15	166	91	1.11.24	1	gold
Palmer	Sharon	29	20-29	192	92	1.12.46	1	gold
Goodman	Jindra	66	60-69	201	93	1.15.49	1	gold
German, Sr.	Donald	74	70-79	206	94	1.16.47	2	silver
Kohn	Eric	64	60-69	167	95	1.17.11	5	
O'Donnell	Richard	46	40-49	174	96	1.18.40	9	

Table 2: 5K Overall Results sorted by Overall Race Position / Time

Last Name	First Name	Age	Age Group	Bib #	Overall Race Position	Time (h.mm.ss)	Place/ Age Group	Medal
Astell	Brian	28	20-29	454	1	17.19	1	gold
Flory	Eron	48	40-49	415	2	20.31	1	gold
Salazar	Jesus	47	40-49	435	3	21.37	2	silver
Garcia	Ron	51	50-59	436	4	23.19	1	gold
Vernon	Bailey	24	20-29	443	5	24.41	2	silver
Reaves	Steve	46	40-49	438	6	24.43	3	bronze
Mason	Mark	49	40-49	444	7	24.53	4	
Schellhorn	Lonnie	69	60-69	441	8	25.01	1	gold
Cochran	Marykate	37	30-39	442	9	26.37	1	gold
Colgan	James	60	60-69	425	10	26.45	2	silver
Rios	Oscar	13	11-15	433	11	27.23	1	gold
Schoenfeld	Kevin	52	50-59	447	12	27.38	2	silver
Chavez	Isabel	37	30-39	424	13	28.06	2	silver
Garcia	Nicole	29	20-29	453	14	28.37	1	gold
Fredrickson	Randy	48	40-49	427	15	28.38	5	
Agazzi	Daniel	11	11-15	460	16	29.12	2	silver
Farris	Emily	30	30-39	414	17	29.16	3	bronze
Aceves	Ana	15	11-15	439	18	29.46	1	gold
Wojtowicz	Debbie	51	50-59	449	19	29.49	1	gold
Honens	Kelly	45	40-49	430	20	31.02	1	gold
Crockett	Joel	68	60-69	413	21	31.29	3	bronze
Jordan	Enrique	13	11-15	446	22	32.24	3	bronze
Jones	Larry	64	60-69	416	23	33.15	4	
Condon	Laurel	28	20-29	412	24	33.16	2	silver
Bowen	Taylor	6	10 & under	422	25	33.33	1	gold
McPhee	Shawn	11	11-15	457	26	34.07	2	silver
Jordan	Brenda	26	20-29	445	27	34.08	3	bronze
Chase	Vicki	60	60-69	451	28	34.09	1	gold
White	Micheline	23	20-29	450	29	34.30	4	
Guadarrama	Melanie	53	50-59	440	30	35.44	2	silver
Garcia	Carol	48	40-49	437	31	36.30	2	silver
Silva	Bill	72	70-79	418	32	37.23	1	gold
Chavez	Karina	9	10 & under	423	33	37.56	1	gold

Power	Paulina	11	11-15	456	34	38.11	3	bronze
Morris	Claudia	50	50-59	432	35	38.36	3	bronze
Power	Henry	12	11-15	455	36	38.40	4	
Smith	Emma	11	11-15	461	37	38.56	4	
Black	Tristen	10	10 & Under	420	38	39.52	2	silver
Simons	Maureen	53	50-59	419	39	40.55	4	
Wojtowicz	Denise	54	50-59	448	40	41.36	5	
Fredrickson	Jacob	9	10 & under	426	41	41.48	3	bronze
McPhee	Claire	9	10 & under	458	43	41.56	2	silver
Williams	Kim	52	50-59	452	46	44.21	6	
Hughes	Jessica	10	10 & under	431	49	47.00	3	bronze
Agazzi	Steve	52	50-59	459	56	52.17	3	bronze
Barton	Gretchen	52	50-59	411	85	1.04.19	7	
Black	Maddelyn	9	10 & Under	421	86	1.05.40	4	

Table 3: 5K Women Results sorted by Age Group

Last Name	First Name	Age	Age Group	Bib #	Overall Race Position	Time (h.mm.ss)	Place/Age Group	Medal
Chavez	Karina	9	10 & under	423	33	37.56	1	gold
McPhee	Claire	9	10 & under	458	43	41.56	2	silver
Hughes	Jessica	10	10 & under	431	49	47.00	3	bronze
Black	Maddelyn	9	10 & Under	421	86	1.05.40	4	
Aceves	Ana	15	11-15	439	18	29.46	1	gold
McPhee	Shawn	11	11-15	457	26	34.07	2	silver
Power	Paulina	11	11-15	456	34	38.11	3	bronze
Smith	Emma	11	11-15	461	37	38.56	4	
Garcia	Nicole	29	20-29	453	14	28.37	1	gold
Condon	Laurel	28	20-29	412	24	33.16	2	silver
Jordan	Brenda	26	20-29	445	27	34.08	3	bronze
White	Micheline	23	20-29	450	29	34.30	4	
Cochran	Mary Kate	37	30-39	442	9	26.37	1	gold
Chavez	Isabel	37	30-39	424	13	28.06	2	silver
Farris	Emily	30	30-39	414	17	29.16	3	bronze
Honens	Kelly	45	40-49	430	20	31.02	1	gold
Garcia	Carol	48	40-49	437	31	36.30	2	silver
Wojtowicz	Debbie	51	50-59	449	19	29.49	1	gold
Guadarrama	Melanie	53	50-59	440	30	35.44	2	silver
Morris	Claudia	50	50-59	432	35	38.36	3	bronze
Simons	Maureen	53	50-59	419	39	40.55	4	
Wojtowicz	Denise	54	50-59	448	40	41.36	5	
Williams	Kim	52	50-59	452	46	44.21	6	
Barton	Gretchen	52	50-59	411	85	1.04.19	7	
Chase	Vicki	60	60-69	451	28	34.09	1	gold

Table 4: 5K Men Results sorted by Age Group

Last Name	First Name	Age	Age Group	Bib #	Overall Race Position	Time (h.mm.ss)	Place/ Age Group	Medal
Bowen	Taylor	6	10 & under	422	25	33.33	1	gold
Black	Tristen	10	10 & Under	420	38	39.52	2	silver
Fredrickson	Jacob	9	10 & under	426	41	41.48	3	bronze
Rios	Oscar	13	11-15	433	11	27.23	1	gold
Agazzi	Daniel	11	11-15	460	16	29.12	2	silver
Jordan	Enrique	13	11-15	446	22	32.24	3	bronze
Power	Henry	12	11-15	455	36	38.40	4	
Astell	Brian	28	20-29	454	1	17.19	1	gold
Vernon	Bailey	24	20-29	443	5	24.41	2	silver
Flory	Eron	48	40-49	415	2	20.31	1	gold
Salazar	Jesus	47	40-49	435	3	21.37	2	silver
Reaves	Steve	46	40-49	438	6	24.43	3	bronze
Mason	Mark	49	40-49	444	7	24.53	4	
Fredrickson	Randy	48	40-49	427	15	28.38	5	
Garcia	Ron	51	50-59	436	4	23.19	1	gold
Schoenfeld	Kevin	52	50-59	447	12	27.38	2	silver
Agazzi	Steve	52	50-59	459	56	52.17	3	bronze
Schellhorn	Lonnie	69	60-69	441	8	25.01	1	gold
Colgan	James	60	60-69	425	10	26.45	2	silver
Crockett	Joel	68	60-69	413	21	31.29	3	bronze
Jones	Larry	64	60-69	416	23	33.15	4	
Silva	Bill	72	70-79	418	32	37.23	1	gold

Table 5: 10K Overall Results sorted by Overall Race Position / Time

Last Name	First Name	Age	Age Group	Bib #	Overall Race Position	Time (h.mm.ss)	Place/ Age Group	Medal
Mccloskey	Patrick	42	40-49	172	44	42.41	1	gold
Hayes	Todd	59	50-59	188	45	43.44	1	gold
Macy	Jack	40	40-49	198	47	44.32	2	silver
Ostrau	Mark	48	40-49	190	48	46.46	3	bronze
Siegfried	Marc	36	30-39	205	50	48.19	1	gold
Gardiner	Tacho	16	16-19	161	51	48.34	1	gold
Jackson	Jamie	39	30-39	162	52	49.58	2	silver
Hagaman	Greg	44	40-49	187	53	50.17	4	
Strickland	Shawn	38	30-39	178	54	50.33	3	bronze
Black	Scott	38	30-39	182	55	50.59	4	
Ramser	Nathan	29	20-29	208	57	52.20	1	gold
Foster	Curtis	43	40-49	185	58	52.28	5	
Rickard	Tobias	39	30-39	197	59	52.49	5	

German, Jr.	Donald	42	40-49	186	60	53.16	6	
McCullough	Mindy	54	50-59	202	61	53.53	1	gold
Longyear	Doug	56	50-59	204	62	54.39	2	silver
Ostrau	Sandy	49	50-59	191	63	54.52	1	gold
Barton	Rick	52	50-59	158	64	55.09	3	bronze
Mee	Mike	65	60-69	200	65	55.48	1	gold
Kellett	Kim	49	40-49	165	66	56.21	2	silver
Radtkey	Nicholas	16	16-19	194	67	56.29	2	silver
Melman	Phil	44	40-49	207	68	56.33	7	
Kyle	David	56	50-59	168	69	56.41	4	
Strickland	Laura	35	30-39	177	70	56.42	1	gold
Navarro	Ralph	62	60-69	210	71	56.56	2	silver
Ortiz-Pastor	Enrique	24	20-29	195	72	56.59	2	silver
Giorgi	Nate	38	30-39	196	73	57.35	6	
Smith	Molly	50	50-59	176	74	58.00	2	silver
Riley	Jim	70	70-79	175	75	59.13	1	gold
Bialas	Victoria	52	50-59	181	76	59.35	3	bronze
Lamantia	Joann	71	70-79	171	77	59.43	1	gold
Lamantia	Debbie	47	40-49	170	78	59.51	3	bronze
Lamantia	Laurie	50	50-59	169	79	59.52	4	
Gallaher	Gary	68	60-69	199	80	1.00.53	3	bronze
Hoehn	Beth	48	40-49	203	81	1.01.47	4	
Donadio	David	46	40-49	183	82	1.01.57	8	
Aszklar	Sara	34	30-39	179	83	1.04.10	2	silver
Aszklar	Fran	36	30-39	180	84	1.04.13	7	
Melman	Jen	37	30-39	209	87	1.05.53	3	bronze
Schneider	Michael	61	60-69	193	88	1.06.13	4	
Keene	Elizabeth	49	40-49	164	89	1.06.30	5	
Donadio	Kristine	57	50-59	184	90	1.09.16	5	
King	Sasha	12	11-15	166	91	1.11.24	1	gold
Palmer	Sharon	29	20-29	192	92	1.12.46	1	gold
Goodman	Jindra	66	60-69	201	93	1.15.49	1	gold
German, Sr.	Donald	74	70-79	206	94	1.16.47	2	silver
Kohn	Eric	64	60-69	167	95	1.17.11	5	
O'Donnell	Richard	46	40-49	174	96	1.18.40	9	

Table 6: 10K Women Results sorted by Age Group

Last Name	First Name	Age	Age Group	Bib #	Overall Race Position	Time (h.mm.ss)	Place/ Age Group	Medal
King	Sasha	12	11-15	166	91	1.11.24	1	gold
Palmer	Sharon	29	20-29	192	92	1.12.46	1	gold
Strickland	Laura	35	30-39	177	70	56.42	1	gold
Aszklar	Sara	34	30-39	179	83	1.04.10	2	silver
Melman	Jen	37	30-39	209	87	1.05.53	3	bronze

Ostrau	Sandy	49	50-59	191	63	54.52	1	gold
Kellett	Kim	49	40-49	165	66	56.21	2	silver
Lamantia	Debbie	47	40-49	170	78	59.51	3	bronze
Hoehn	Beth	48	40-49	203	81	1.01.47	4	
Keene	Elizabeth	49	40-49	164	89	1.06.30	5	
McCullough	Mindy	54	50-59	202	61	53.53	1	gold
Smith	Molly	50	50-59	176	74	58.00	2	silver
Bialas	Victoria	52	50-59	181	76	59.35	3	bronze
Lamantia	Laurie	50	50-59	169	79	59.52	4	
Donadio	Kristine	57	50-59	184	90	1.09.16	5	
Goodman	Jindra	66	60-69	201	93	1.15.49	1	gold
Lamantia	Joann	71	70-79	171	77	59.43	1	gold

Table 7: 10K Men Results sorted by Age Group

Last Name	First Name	Age	Age Group	Bib #	Overall Race Position	Time (h.mm.ss)	Place/ Age Group	Medal
Gardiner	Tacho	16	16-19	161	51	48.34	1	gold
Radtkey	Nicholas	16	16-19	194	67	56.29	2	silver
Ramser	Nathan	29	20-29	208	57	52.20	1	gold
Ortiz-Pastor	Enrique	24	20-29	195	72	56.59	2	silver
Beall	Travis	25	20-29	159	dnf			
Siegfried	Marc	36	30-39	205	50	48.19	1	gold
Jackson	Jamie	39	30-39	162	52	49.58	2	silver
Strickland	Shawn	38	30-39	178	54	50.33	3	bronze
Black	Scott	38	30-39	182	55	50.59	4	
Rickard	Tobias	39	30-39	197	59	52.49	5	
Giorgi	Nate	38	30-39	196	73	57.35	6	
Aszklar	Fran	36	30-39	180	84	1.04.13	7	
McCloskey	Patrick	42	40-49	172	44	42.41	1	gold
Macy	Jack	40	40-49	198	47	44.32	2	silver
Ostrau	Mark	48	40-49	190	48	46.46	3	bronze
Hagaman	Greg	44	40-49	187	53	50.17	4	
Foster	Curtis	43	40-49	185	58	52.28	5	
German, Jr.	Donald	42	40-49	186	60	53.16	6	
Melman	Phil	44	40-49	207	68	56.33	7	
Donadio	David	46	40-49	183	82	1.01.57	8	
O'Donnell	Richard	46	40-49	174	96	1.18.40	9	
Hayes	Todd	59	50-59	188	45	43.44	1	gold
Longyear	Doug	56	50-59	204	62	54.39	2	silver
Barton	Rick	52	50-59	158	64	55.09	3	bronze
Kyle	David	56	50-59	168	69	56.41	4	
Mee	Mike	65	60-69	200	65	55.48	1	gold
Navarro	Ralph	62	60-69	210	71	56.56	2	silver
Gallaher	Gary	68	60-69	199	80	1.00.53	3	bronze

Schneider	Michael	61	60-69	193	88	1.06.13	4	
Kohn	Eric	64	60-69	167	95	1.17.11	5	
Riley	Jim	70	70-79	175	75	59.13	1	gold
German, Sr.	Donald	74	70-79	206	94	1.16.47	2	silver